

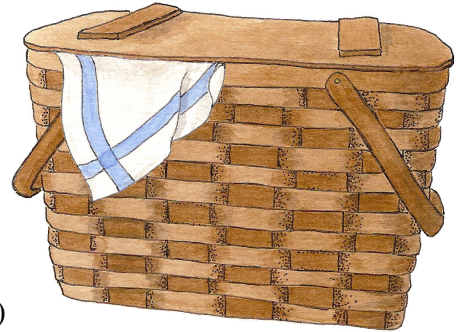
The Picnic Plan



Go on picnics often! After church on Sunday, Saturday afternoon, *anytime!* At home or away, picnic table or ground.

Keep food VERY simple and easy to fix quickly. **Simple food ideas include:**

- Boiled eggs (don't forget salt & pepper)
- Cheese
- Fruit (fresh or dried)
- Biscotti, cookies etc.
- Bread (French etc. picked up in-route)
- Crackers
- Ham, chicken salad etc. on pita bread (doesn't squish)
- Capri Sun's or other packaged juice-type drinks
- Cold water
- Lemonade



Picnic equipment: (Keep the following ready in basket so all we have to do is add food and go.)



- One or two picnic baskets & large quilt, blanket or table cloth.
- Small drawstring bag stuffed with empty, plastic grocery sacks to use for trash.
- Put in a few paper or plastic plates and cups and a few napkins. (cloth or paper)
- Camping style salt and pepper shaker or other small container with a secure lid
- Camping / picnic folding "food tent"
- At least one "real" plate and a cutting knife (wrapped in a napkin or silverware wrap for safety) for apples and cheese
- A few pieces of silverware, if needed.
- Make self-chilling water bottles by filling plastic water bottles (re-use water and juice bottles) or a mason jar 1/3 full with water and putting them in the freezer the night before your picnic. Before packing them in basket, fill them the rest of the way up with water.
- A damp wash cloth, folded and placed inside a zip-top bag.
- And a small jar (1/2 pint or even a cleaned out baby food jar) filled with water (and a tight fitting lid) for wildflowers.
- A thermos for keeping hot tea hot and cold lemonade cold.

