

Blessed Sacrament Chaplet

Written & Illustrated by Alice Cantrell © 2006

Pope Pius X approved this lovely, little chaplet in 1911. The 33 beads represent the 33 years of Christ on Earth. The chaplet described here was made with rough-cut Mexican Sardonix on waxed cotton cording. The result is a slightly more rustic or simple looking piece. Perfect for a father, brother or husband. What a beautiful way to honor Jesus in the Blessed Sacrament!

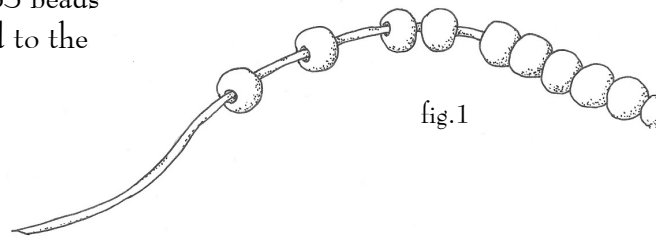
To construct this chaplet, you will need the following:

- Any medal of the Blessed Sacrament in bronze
- 1 yard of brown 1mm waxed cotton cord
- 33- 7 or 8mm rough-cut Sardonix beads (Or any large-holed stone, wood or bone bead.)

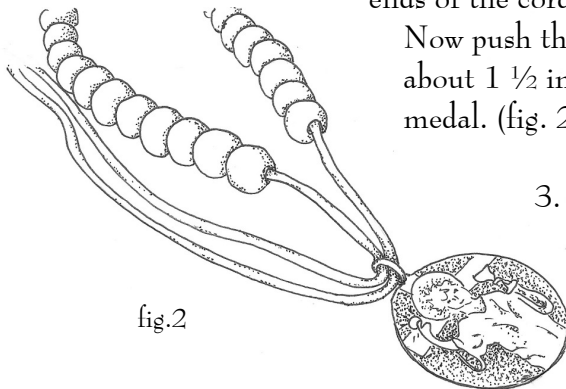


1. Begin this little chaplet by simply stringing the 33 beads onto the waxed cotton cord while it is still attached to the spool. (fig.1)

2. Next, cut the beaded section of the cord off the spool leaving about 6 inches on both ends of the cord.

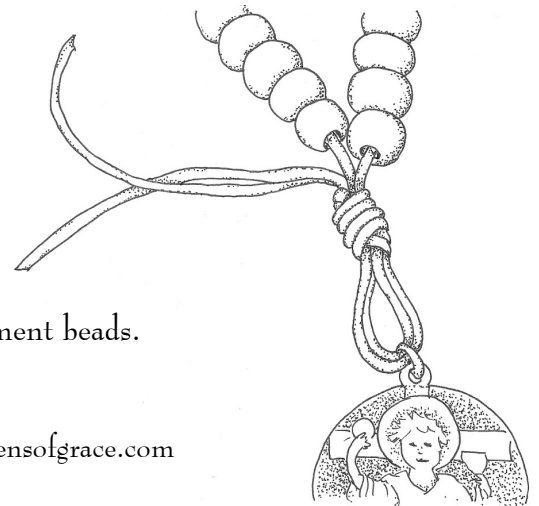


Now push the beads to the center of the cord and position your medal about 1 ½ inches from the beads and carefully fold the cord at the medal. (fig. 2)



3. Follow the instructions for the "Rosary Knot" in the Basic How To's section, but treat the two strands of cording as one while holding the medal in your left hand

(if you are right handed). Take your time if you have not done many of these knots. (fig. 3) *Do not tighten it too tightly*, until you are satisfied with the way it looks. When your knot is completed, trim the cord ends to approximately ¼ inch. That's it! A simple yet elegant set of Blessed Sacrament beads.



Chaplet Prayers

On the medal make a spiritual communion:

*"As I cannot now receive Thee, my Jesus,
in Holy Communion, come,
spiritually into my heart,
and make it Thine own forever."*

On each bead say:

*"Jesus in the Blessed Sacrament on the
altar have mercy on us!"*

Using a Center

Many chaplets are constructed in the "loop" format that we see here on this Blessed Sacrament chaplet. These same chaplets can also be made using a rosary center. Simply attach the two end of the string of beads to the two top holes of a center and attach the medal to the bottom hole. Now you have a whole new look!